



Practice Set
End Semester Examination-2025

Program: BA.LLB
Course: Life Skills and Development
Course Code: 24F.431
Semester: VII

Course Outcome	Description
CO 1	To be able to assess the self for growth opportunities and identify potential setbacks.
CO 2	Enabling positive actions to protect oneself and to promote healthy and meaningful social
CO 3	Having enhanced abilities that promote mental well-being and competence for real life challenges.
CO 4	Being able to tackle leadership roles for self and others .

	UNIT 1			
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		Section A				(5 Marks Each)	
Sr. No.	Question	CO	UNIT	BTL	LOT/ HOT		
1	Describe SWOT analysis	CO 1	[Unit 1]	Remember	LOT		
2	Define self development .	CO 1	[Unit 1]	Remember	LOT		
3	List a few interpersonal skills	CO 1	[Unit 1]	Remember	LOT		
4	Describe attitude .	CO 1	[Unit 1]	Understand	LOT		
Section B				(10 Marks Each)			
5	Evaluate the importance of emotional intelligence	CO 1	[Unit 1]	Evaluate	HOT		
6	Differentiate between your strengths and weaknesses	CO 1	[Unit 1]	Analyze	HOT		
7	Describe five positive attitudes essential for leadership	CO 1	[Unit 1]	Remember	LOT		
8	Identify 2 career opportunities after you have done a SWOT analysis on yourself.	CO 1	[Unit 1]	Remember	LOT		
Section C				(20 Marks Each)			
9	Analyze the importance of goal setting in life.	CO 1	[Unit 1]	Analyze	HOT		
10	Justify the need for self motivation in day to day challenges .	CO 1	[Unit 1]	Evaluate	HOT		

		UNIT 2					
		Section A				(5 Marks Each)	
11	Define the term communication	CO 2	[Unit 2]	Remember	LOT		
12	List 3 kinds of workplace communication	CO 2	[Unit 2]	Remember	LOT		

13	Identify the essential elements in the process of communication	CO 2	[Unit 2]	Remember	LOT
14	Outline the presence of physical and mental barriers or NOISE during communication	CO 2	[Unit 2]	Remember	LOT
Section B				(10 Marks Each)	
15	Explain the importance of writing skills	CO 2	[Unit 2]	Understand	LOT
16	Assess the need for reading skills	CO 2	[Unit 2]	Evaluate	HOT
17	Draw a diagram to show the process of communication. Label the components.	CO 2	[Unit 2]	Analyze	HOT
18	Explain the benefits of an oral presentation	CO 2	[Unit 2]	Understand	LOT
Section C				(20 Marks Each)	
19	Validate the need for protecting women’s rights in Indian society	CO 2	[Unit 2]	Evaluate	HOT
20	Recommend the techniques of developing speaking skills	CO 2	[Unit 2]	Evaluate	HOT
UNIT 3					
Section A					
				(5 Marks Each)	
21	Define stress	CO 3	[Unit 3]	Remember	LOT
22	Discuss two advantages of time management	CO 3	[Unit 3]	Remember	LOT
23	List two reasons for modern day stress	CO 3	[Unit 3]	Remember	LOT
24	Explain stress management	CO 3	[Unit 3]	Understand	LOT
Section B				(10 Marks Each)	
25	Evaluate the need for work life balance	CO 3	[Unit 3]	Evaluate	HOT
26	Identify the relation between stress management and time management	CO 3	[Unit 3]	Remember	LOT

27	Assess the role of punctuality in time management	CO 3	[Unit 3]	Evaluate	HOT
28	Illustrate the traits of a prudent time manager	CO 3	[Unit 3]	Apply	HOT
Section C				(20 Marks Each)	
29	Evaluate the importance of balancing your roles in life	CO 3	[Unit 3]	Evaluate	HOT
30	1. Devise a plan for stress management for students in universities.	CO 3	[Unit 3]	Create	HOT
UNIT 4					
Section A				(5 Marks Each)	
31	Explain leadership	CO 4	[Unit 4]	Understand	LOT
32	Identify types of leadership	CO 4	[Unit 4]	Understand	LOT
33	List 4 characteristics of a good leader	CO 4	[Unit 4]	Remember	LOT
34	Define goal setting	CO 4	[Unit 4]	Remember	LOT
Section B				(10 Marks Each)	
35	Explain the terms vision & mission	CO 4	[Unit 4]	Understand	LOT
36	Examine career planning and execution	CO 4	[Unit 4]	Analyze	HOT
37	Discuss managers are leaders	CO 4	[Unit 4]	Understand	LOT
38	Outline the importance of listening in communication	CO 4	[Unit 4]	Remember	LOT
Section C				(20 Marks Each)	
39	Analyse the importance of good decision making	CO 4	[Unit 4]	Analyze	HOT
40	Compose two paragraphs on a specific leader of our nation highlighting his/her vision and mission	CO 4	[Unit 4]	Create	HOT1

**Summary Sheet
CO Wise**

CO	Q. No	Marks
CO1	1.2.3.4.5.6.7.8.9.10	100
CO2	11.12.13.14.15.16.17.18.19.20	100
CO3	21.22.23.24.25.26.27.29.30	100
CO 4	31.32.33.34.35.36.37.38.39.40.	100
Total		400

Unit Wise

Unit	Q. No	Marks
Unit 1	1.2.3.4.5.6.7.8.9.10	100
Unit 2	11.12.13.14.15.16.17.18.19.20	100
Unit 3	21.22.23.24.25.26.27.29.30	100
Unit 4	31.32.33.34.35.36.37.38.39.40.	100
Total		400

Blooms Taxonomy Level (BTL) Wise

BTL	Q. No	Marks
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LOT	1.2.3.4.7.8..11.12.13.14.15.18..21.22.23.24.26.31.3 2.33.34.35.37.38.	160
HOT	5.6.9.10.16.17.19.20.25.27.28.29.30.36.39.40	240
Total		400

Prepared by: Dr. Anita Singh.

Moderated by:

Disclaimer: -This is a Practice Set. The Question in End term examination will differ from the Practice Set. This Practice Set is meant for practice only.